

# LowMed

## Running Club



The Lowveld's all-in-one running family

-  30 Orange Street, West Acres, Mbombela, 1200
-  013-741 1820
-  running@lowmed.co.za
-  www.lowmed.co.za
-  @LowMedHealthSport
-  @lowmed\_running

*Thank you for joining the LowMed Running Club. We at LowMed strive to support all our members in their running journey.  
We hope you enjoy your year with us, and that all your running goals will be achieved.*

Please fill in your personal information below:

Membership Type: (Tick the relevant box)

Runner	Junior	Social	Coach

Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Gender: \_\_\_\_\_

ID Number: \_\_\_\_\_ Birthday (yyyy/mm/dd): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Cell phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Next of kin Name: \_\_\_\_\_

Next of kin Number: \_\_\_\_\_

Please select Club Merchandise:

Running Vest	<input type="checkbox"/>	Ordered and paid at CK Embroideries (7 Piet Retief Street - 013 752 5977)
Club Shirt (short Sleeve)	<input type="checkbox"/>	
Club Shirt (Long Sleeve)	<input type="checkbox"/>	
Club Tracksuit Top	<input type="checkbox"/>	
Running Cap (White)	<input type="checkbox"/>	Paid with Registration and Collected at LowMed
Running Peak (Black)	<input type="checkbox"/>	

**Banking Detail:**

Lowmed Sports Development  
Investic Private Bank  
Acc: 10012091933 Branch: 580105

Please ensure that both the Club registration form and ASA registration form have been filled out, and that a copy of your ID and proof of payment is attached.

The Club annual fees include an Athletic South Africa License.