

30 Orange Street, West Acres, Mbombela, 1200

10 013-741 1820

running@lowmed.co.za

www.lowmed.co.za

(f) @LowMedHealthSport

@lowmed_running

Thank you for joining the LowMed Running Club. At LowMed, we strive to support all our members in their running journey.

We hope you enjoy your year with us, and achieve all your running goals.

Coach

R180/person

Kindly complete your personal information in full:

Membership Type Required: (Tick the relevant box) (Prices for 2024 season - adjusted annually)

Junior

R130/person

		·			
Name:	_ Surname:		Gende	r:	
ID Number:		Birthday (yyyy/mm/dd):	1	1	
Cell phone Number:		Email:			
Next of kin Name:		Next of kin Number: _			

Please select Club Merchandise:

Runner

R350/person

Running Vest						
Club Shirt (short Sleeve)	Ondono	0				
Club Shirt (Long Sleeve)	Ordere	Ordered and paid at CK Embroideries (7 Piet Retief Street - 013 752 5977)				
Club Tracksuit Top						
Running Cap (White)	R150	Paid with Registration and Collected at LowMed				
Running Peak (Black)	R100					

Banking Detail:

Lowmed Sports Development Investec Private Bank

Acc: 10012091933 Branch: 580105

Kindly ensure that both the Club Registration and ASA Registration forms have been completed in full and that a copy of your ID, and proof of payment submitted together.

The annual are inclusive of your ASA License.

Signature:	
	(If a minor parent or quardian signature required